



mre
international

www.mre-international.com

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MRE Company Profile



Thank you for affording us the opportunity to provide you with the comfort that Hampers Sales (Pty) Ltd t/a Snippets Hampers can procure, pack and delivery according to your spec with ease.

Snippets Hampers was founded in 1988 and has specialised in hampers and ration packs packed for the likes of Makro, Spar, PNP, First National Bank, Agri Net and various government institutions over the past 30+ years.

We pack to individual specifications and are dedicated to sourcing the best quality products to suit our customer's requirements, whether food or non-food. We pride ourselves on our high levels of service and our ability to be flexible, to accommodate the specifications and deadlines of our customers. We firmly believe this flexibility has contributed to the impressive growth and stability of the company.

Our Warehouse and Packing Facility

Our factory at 10 Indiana St, Apex, Benoni boasts 2000m² under roof and specifically set up for the production of any type of ration pack.

This factory carries all the necessary certification in order to comply with all retail packing standards as well as the requirements set and placed by the end customer. Our commitment to quality control from procurement to dispatch is unmatched. Our factory is not only audited internally on an on-going basis but audited externally annually



Production Capabilities and Assembly

We are able to develop customised ration packs and individual items to suite any customers needs. Snippets is able to procure, and produce 600 000 ration packs per month with ease should the need arise. Our assembly system has been refined over the

last 30+ years with the use of motorised conveyor systems, semi-automatic shrink wrappers and semi-automatic pallet wrappers.

Our manufacturing capacity, to name a few:



Quality Control Management

We are committed to extremely strict quality control management. We employ a team to contently monitor quality of product being received, packed and despatched. This team is audited externally on an annual basis. Our food safety manager carries out functions including but not limited to;

- Constant Risk assessments
- Internal Audits on all procedures
- Constantly educating both staff and suppliers to constantly better ourselves
- Manages 4 people we constantly monitor expiry dates on good received – goods in our warehouse – goods moved from warehouse to production – random checks on goods packed to make sure the product being delivered to our customers is according to spec and shelf life expectations.
- Complete traceability in our production process
- Managing retention samples on each batch packed
- Managing non-compliant products and the record as well as rejection thereof

All our quality control systems are audited by Aspirata according to GFSI standards. In the unfortunate event of a product recall we have policies and procedures in place for this to be a seamless process. We also carry large insurance cover for this. Due to our rigorous quality control systems we have never had to recall product delivered to our customers.

Facility Visits

We would encourage you to visit our premises in order to give you the necessary comfort that we are capable of for filling your order as we have promised. You are welcome to contact Bradley to set up a time and date.

We look forward to hosting you!!

Samples

Samples are available on request, please kindly chat to your sales person to arrange collection.

Some of the countries we have supplied over the last 30+ years

- South Africa
- Namibia
- Mozambique
- Gabon
- Angola
- Democratic Republic of Congo
- Botswana
- Zambia
- United Kingdom
- United States of America
- U.A.E



RATION & RELIEF PACKS FOR THE COMMUNITIES OF SOUTH AFRICA & THE WORLD!



MRE Meals Retort Pouches



MRE Meals – Chicken

MRE Chicken Meals



- **Chicken Curry**
- **Chicken A La King**
- **Mexican Chicken**
- **Chicken Breyani**
- **Chicken Pasta and Veg**
- **Sweet and Sour Chicken**
- **Kabseh and Chicken**
- **Breyani Rice with Chicken**
- **Rice, Veg with Chicken**
- **Vegetable Casserole with Chicken**





MRE Meals – Beef



MRE Beef Meals



- Beef Curry and Veg
- Savoury Mince
- Chilli Con Carne
- Beef Pasta and Veg
- Beef Samp and Beans
- Potato Stew with Beef
- Breyani Rice with Beef
- Rice, Veg with Beef
- Spaghetti Bolognese with Minced Beef





MRE Meals – Mutton

MRE Mutton Meals



- Mutton Stew
- Curried Rice with Mutton





MRE Meals – Vegetarian

MRE Vegetarian Meals



- Lentils Beans and Veg
- Savoury Samp and Beans
- Savoury Soya and Rice
- Vegetarian Pasta and Tomato
- Baked Beans in Rich Tomato Sauce





MRE Tinned Products

MRE Tinned Products



Meals

- Meatballs and Spaghetti
- Meatballs in Gravy
- Viennas and Beans in Tomato Sauce
- Corned Meat
- Corned Beef
- Viennas in Brine
- Tuna in Vegetable Oil
- Tuna in Salted Water
- Sardines in Vegetable oil
- Curried Lentils and Veg
- Baked Beans in Tomato Sauce
- Stiff Maize Porridge

Fruit

- Peaches
- Guavas
- Mixed Fruit Salad





MRE Breakfast

MRE Breakfast



Instant Oats

- Original Flavour
- Banana
- Caramel
- Apple and Cinnamon
- Strawberry

Cereals

- Cornflakes
- High Bran Flakes
- Puffed Rice





MRE Biscuits

MRE Biscuits



- High Energy Biscuits
- Chocolate Chip Biscuits
- Cream Crackers
- Shortbread Biscuits
- Ginger Biscuits
- High Fibre Biscuits
- Wholewheat Biscuits





MRE Powdered Products

MRE Powdered Products



Isotonic Sports Drinks - *Various Sizes*

- Tropical
- Orange
- Pineapple
- Peach
- Guava
- Mango
- Lemon / Lime

Lactose Free Nutritional Drinks- *Various Sizes*

- Peach
- Vanilla
- Strawberry
- Banana
- Cappuccino

High Energy Instant Porridge – *Various Sizes*

- Chocolate
- Banana
- Vanilla
- Strawberry
- Banana Sorghum
- Original Sorghum

Instant Soups – *Various Sizes*

- Beef and Veg
- Creamy Tomato
- Chicken and Veg
- Spring Veg

Noodle Snacks – *Various Sizes*

- Beef and Veg
- Chicken and Veg
- Spring Veg

Other Beverages

- Black Tea
- Rooibos Tea
- 3 in 1 Coffee
- Creamer
- Instant Coffee
- Hot Chocolate





MRE Snacks and Spreads

MRE Snacks and Spreads



Energy Bars

- Chocolate
- Apricot Yoghurt
- Banana Maize
- Choc Cream Maize
- Chocolate Nut
- Caribbean Raisin
- Peach Fruit

Granola Bars

- Honey Yoghurt
- Apricot Yoghurt
- Berry Yoghurt
- Sesame Seed

Dried Fruit and Nuts

- Raisins
- Peaches
- Fruit bars
- Various Fruit Cubes
- Salted Peanuts
- Mixed Nuts
- Cashews

Various Spreads

- Apricot Jam
- Strawberry Jam
- Mixed Fruit Jam
- Marmalade
- Proceed Cheese Gouda
- Processed Cheese Cheddar
- Peanut Butter
- Nutt Butter
- Tomato Sauce
- Chutney
- Mustard
- Worcestershire Sauce





MRE Ration Pack Accessories



MRE Ration Pack Accessories



- Flameless Ration heater
- Hexamine Fuel Tablets
- Mini Stove
- Matches
- Wet Wipes
- Water Purification Sachets
- Cutlery Set
- Poly Bags



A photograph of two soldiers in camouflage uniforms and hats. The soldier in the foreground is kneeling and eating from a MRE (Meal, Ready-to-Eat) container. The soldier in the background is also kneeling and looking towards the first soldier. The scene is set outdoors in a field.

MRE Various Menus

MRE Various Menus



MRE International - SA - Menu 1

| Type | Item | Serving Size | Quantity |
|----------------------------|--------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Chicken Pasta and Veg | 300g | 1 |
| MRE Meal - Retort Pouch | MRE Beef Curry and Veg | 200g | 1 |
| MRE Meal - Retort Pouch | MRE BBQ Brown Rice | 150g | 1 |
| Powdered Product | Beef and Veg Instant Soup | 18g | 1 |
| Powdered Product | Isotonic Sports Drink Guava | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Orange | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Peach | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Vanilla | 80g | 1 |
| Dried Fruit | Orange Cubes | 60g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Nutt Butter Sachet | 42g | 1 |
| Snacks, Sauces and Spreads | Processed Cheese Gouda | 33g | 2 |
| Energy Bars | Energy Bar Chocolate | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE International - SA - Menu 2

| Type | Item | Serving Size | Quantity |
|----------------------------|-----------------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Chicken Curry | 200g | 1 |
| MRE Meal - Retort Pouch | MRE Savoury Mince | 200g | 1 |
| MRE Meal - Retort Pouch | MRE Samp | 150g | 1 |
| MRE Meal - Retort Pouch | MRE Savoury Rice | 150g | 1 |
| Powdered Product | Chicken Noodle Snack | 38g | 1 |
| Powdered Product | Isotonic Sports Drink Pineapple | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Peach | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Vanilla | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Original Sorghum | 80g | 1 |
| Dried Fruit | Raisins | 60g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Peanut Butter Sachet | 15g | 2 |
| Snacks, Sauces and Spreads | Processed Cheese Cheddar | 33g | 2 |
| Energy Bars | Energy Bar Apricot Fruit | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Black Tea, Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE Various Menus



MRE International - SA - Menu 3

| Type | Item | Serving Size | Quantity |
|----------------------------|-------------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Savoury Samp and Beans | 300g | 1 |
| MRE Meal - Retort Pouch | MRE Lentils, Beans and Veg | 150g | 1 |
| MRE Meal - Retort Pouch | MRE Savoury Rice | 150g | 1 |
| Powdered Product | Spring Veg Noodle Snack | 38g | 1 |
| Powdered Product | Isotonic Sports Drink Guava | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Peach | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Strawberry | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Banana | 80g | 1 |
| Dried Fruit | Fruit Bar | 33g | 2 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Nutt Butter Sachet | 42g | 1 |
| Snacks, Sauces and Spreads | Processed Cheese Gouda | 33g | 2 |
| Energy Bars | Energy Bar Banana Maize | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE International - SA - Menu 4

| Type | Item | Serving Size | Quantity |
|----------------------------|-----------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Chicken Pasta and Veg | 300g | 1 |
| MRE Meal - Retort Pouch | MRE Beef Curry and Beans | 200g | 1 |
| MRE Meal - Retort Pouch | MRE Samp | 150g | 1 |
| Powdered Product | Instant Soup Beef and Veg | 18g | 1 |
| Powdered Product | Isotonic Sports Drink Pineapple | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Orange | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Banana | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Strawberry | 80g | 1 |
| Dried Fruit | Peaches | 60g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Peanut Butter Sachet | 15g | 2 |
| Snacks, Sauces and Spreads | Processed Cheese Cheddar | 33g | 2 |
| Energy Bars | Energy Bar Chocolate Cream Maize | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Black Tea, Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE Various Menus



MRE International - SA - Menu 5

| Type | Item | Serving Size | Quantity |
|----------------------------|----------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Chicken Breyani | 300g | 1 |
| MRE Meal - Retort Pouch | MRE Mutton Stew and Veg | 200g | 1 |
| MRE Meal - Retort Pouch | MRE Maize Pap | 150g | 1 |
| Powdered Product | Chicken and Corn Noodle Snack | 38g | 1 |
| Powdered Product | Isotonic Sports Drink Peach | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Tropical | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Vanilla | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Banana | 80g | 1 |
| Dried Fruit | Orange Cubes | 60g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Nutt Butter Sachet | 42g | 1 |
| Snacks, Sauces and Spreads | Processed Cheese Gouda | 33g | 2 |
| Energy Bars | Energy Bar Chocolate Nut | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE International - SA - Menu 6

| Type | Item | Serving Size | Quantity |
|----------------------------|-----------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Beef Samp and Beans | 300g | 1 |
| MRE Meal - Retort Pouch | MRE Mexican Chicken | 200g | 1 |
| MRE Meal - Retort Pouch | MRE BBQ Brown Rice | 150g | 1 |
| Powdered Product | Noodle Snack Beef and Veg | 38g | 1 |
| Powdered Product | Isotonic Sports Drink Pineapple | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Mango | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Peach | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Strawberry | 80g | 1 |
| Dried Fruit | Raisins | 60g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Peanut Butter Sachet | 15g | 2 |
| Snacks, Sauces and Spreads | Processed Cheese Cheddar | 33g | 2 |
| Energy Bars | Energy Bar Caribbean Raisin | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Black Tea, Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE Various Menus



MRE International - SA - Menu 7

| Type | Item | Serving Size | Quantity |
|----------------------------|---------------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Beef Pasta and Veg | 300g | 1 |
| MRE Meal - Retort Pouch | MRE Chicken A La King | 200g | 1 |
| MRE Meal - Retort Pouch | MRE Maize Samp | 150g | 1 |
| Powdered Product | Chicken and Corn Noodle Snack | 38g | 1 |
| Powdered Product | Isotonic Sports Drink Orange | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Mango | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Banana | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Banana Sorghum | 80g | 1 |
| Dried Fruit | Peaches | 60g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Nutt Butter Sachet | 42g | 1 |
| Snacks, Sauces and Spreads | Processed Cheese Gouda | 33g | 2 |
| Energy Bars | Energy Bar Peach Fruit | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE International - SA - Menu 8

| Type | Item | Serving Size | Quantity |
|----------------------------|-------------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Savoury Mince | 200g | 1 |
| MRE Meal - Retort Pouch | MRE Maize Pap | 150g | 1 |
| MRE Meal - Retort Pouch | MRE Savoury Rice | 150g | 1 |
| MRE Meal - Tinned Product | Pilchards in Tomato Sauce | 155g | 1 |
| Powdered Product | Noodle Snack Beef and Veg | 38g | 1 |
| Powdered Product | Isotonic Sports Drink Guava | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Tropical | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Strawberry | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Vanilla | 80g | 1 |
| Dried Fruit | Orange Cubes | 60g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Peanut Butter Sachet | 15g | 2 |
| Snacks, Sauces and Spreads | Processed Cheese Cheddar | 33g | 2 |
| Energy Bars | Energy Bar Banana Maize | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Black Tea, Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE Various Menus



MRE International - Premium Tactical 24 Hour - Menu 1

| Type | Item | Serving Size | Quantity |
|----------------------------|--------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Breyani Rice with Beef | 400g | 1 |
| MRE Meal - Retort Pouch | MRE Kabseh with Chicken | 400g | 1 |
| Powdered Product | Instant Soup Beef and Veg | 18g | 1 |
| Powdered Product | Isotonic Sports Drink Tropical | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Orange | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Peach | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Vanilla | 80g | 1 |
| Dried Fruit | Orange Cubes | 60g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Peanut Butter Sachet | 15g | 2 |
| Snacks, Sauces and Spreads | Processed Cheese Cheddar | 33g | 2 |
| Energy Bars | Energy Bar Chocolate | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |



MRE Various Menus



MRE International - Premium Tactical 24 Hour - Menu 2

| Type | Item | Serving Size | Quantity |
|----------------------------|-----------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Breyani Rice with Chicken | 400g | 1 |
| MRE Meal - Retort Pouch | MRE Rice and Veg with Beef | 400g | 1 |
| Powdered Product | Instant Soup Chicken | 18g | 1 |
| Powdered Product | Isotonic Sports Drink Pineapple | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Peach | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Vanilla | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Strawberry | 80g | 1 |
| Dried Fruit | Raisins | 60g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Peanut Butter Sachet | 15g | 2 |
| Snacks, Sauces and Spreads | Processed Cheese Cheddar | 33g | 2 |
| Energy Bars | Energy Bar Apricot Fruit | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE International - Premium Tactical 24 Hour - Menu 3

| Type | Item | Serving Size | Quantity |
|----------------------------|-------------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Savoury Soya and Rice | 400g | 1 |
| MRE Meal - Retort Pouch | MRE Vegetarian Pasta and Tomato | 400g | 1 |
| Powdered Product | Instant Soup Spring Veg | 18g | 1 |
| Powdered Product | Isotonic Sports Drink Guava | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Peach | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Strawberry | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Banana | 80g | 1 |
| Dried Fruit | Fruit Bar | 33g | 2 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Peanut Butter Sachet | 15g | 2 |
| Snacks, Sauces and Spreads | Processed Cheese Cheddar | 33g | 2 |
| Energy Bars | Energy Bar Banana Maize | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE Various Menus



MRE International - Premium Tactical 24 Hour - Menu 5

| Type | Item | Serving Size | Quantity |
|----------------------------|----------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Rice and Veg with Chicken | 400g | 1 |
| MRE Meal - Retort Pouch | MRE Veg Casserole with Chicken | 400g | 1 |
| Powdered Product | Instant Soup Chicken | 18g | 1 |
| Powdered Product | Isotonic Sports Drink Tropical | 25g | 1 |
| Powdered Product | Isotonic Sports Drink Peach | 25g | 1 |
| Powdered Product | Lactose Free Nutritional Shake Vanilla | 50g | 1 |
| Powdered Product | High Energy Instant Porridge Banana | 80g | 1 |
| Dried Fruit | Orange Cubes | 33g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Peanut Butter Sachet | 15g | 2 |
| Snacks, Sauces and Spreads | Processed Cheese Cheddar | 33g | 2 |
| Energy Bars | Energy Bar Caribbean Raisin | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 10 |
| Misc | Chewing Gum | 2's | 5 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE International - Tactical Lite 12 Hour - Menu 1

| Type | Item | Serving Size | Quantity |
|----------------------------|--------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Breyani Rice with Beef | 400g | 1 |
| MRE Meal - Retort Pouch | MRE Kabseh with Chicken | 400g | 1 |
| Powdered Product | Isotonic Sports Drink Tropical | 25g | 1 |
| Powdered Product | High Energy Instant Porridge Vanilla | 80g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Processed Cheese Cheddar | 33g | 1 |
| Energy Bars | Energy Bar Chocolate | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 3 |
| Misc | Chewing Gum | 2's | 2 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE Various Menus



MRE International - Tactical Lite 12 Hour - Menu 2

| Type | Item | Serving Size | Quantity |
|----------------------------|-----------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Breyani Rice with Chicken | 400g | 1 |
| MRE Meal - Retort Pouch | MRE Rice and Veg with Beef | 400g | 1 |
| Powdered Product | Isotonic Sports Drink Pineapple | 25g | 1 |
| Powdered Product | High Energy Instant Porridge Strawberry | 80g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Processed Cheese Gouda | 33g | 1 |
| Energy Bars | Energy Bar Apricot Fruit | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 3 |
| Misc | Chewing Gum | 2's | 2 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |



MRE Various Menus



MRE International - Tactical Lite 12 Hour - Menu 3

| Type | Item | Serving Size | Quantity |
|----------------------------|-------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Savoury Soya and Rice | 400g | 1 |
| MRE Meal - Retort Pouch | MRE Vegetarian Pasta and Tomato | 400g | 1 |
| Powdered Product | Isotonic Sports Drink Guava | 25g | 1 |
| Powdered Product | High Energy Instant Porridge Banana | 80g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Processed Cheese Cheddar | 33g | 1 |
| Energy Bars | Energy Bar Banana Maize | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 3 |
| Misc | Chewing Gum | 2's | 2 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE International - Tactical Lite 12 Hour - Menu 4

| Type | Item | Serving Size | Quantity |
|----------------------------|------------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Pasta Veg with Chicken | 400g | 1 |
| MRE Meal - Retort Pouch | MRE Spaghetti Bolognese with Minced Beef | 400g | 1 |
| Powdered Product | Isotonic Sports Drink Pineapple | 25g | 1 |
| Powdered Product | High Energy Instant Porridge Strawberry | 80g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Processed Cheese Gouda | 33g | 1 |
| Energy Bars | Energy Bar Chocolate Cream Maize | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 3 |
| Misc | Chewing Gum | 2's | 2 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE Various Menus



MRE International - Tactical Lite 12 Hour - Menu 5

| Type | Item | Serving Size | Quantity |
|----------------------------|-------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Rice and Veg with Chicken | 400g | 1 |
| MRE Meal - Retort Pouch | MRE Veg Casserole with Chicken | 400g | 1 |
| Powdered Product | Isotonic Sports Drink Peach | 25g | 1 |
| Powdered Product | High Energy Instant Porridge Banana | 80g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Snacks, Sauces and Spreads | Processed Cheese Cheddar | 33g | 1 |
| Energy Bars | Energy Bar Banana Caribbean Raisin | 45g | 1 |
| Other Beverages | Dairy Creamer Sachet | 10g | 6 |
| Other Beverages | Instant Coffee Sachet | 2.7g | 2 |
| Other Beverages | Sugar Sachet | 10g | 3 |
| Other Beverages | Rooibos Tea Bag | 2g | 1 |
| Misc | Vita C Sweets | 1's | 3 |
| Misc | Chewing Gum | 2's | 2 |
| Snacks, Sauces and Spreads | Tomato Sauce Sachet | 9g | 1 |
| Snacks, Sauces and Spreads | Chutney Sachet | 9g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 4 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 8 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 4 |

MRE International - Tactical Lite 8 Hour - Menu 1

| Type | Item | Serving Size | Quantity |
|-------------------------|--------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Breyani Rice with Beef | 400g | 1 |
| Powdered Product | Isotonic Sports Drink Tropical | 25g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Dried Fruit | Orange Cubes | 60g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 1 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 4 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 2 |

MRE International - Tactical Lite 8 Hour - Menu 2

| Type | Item | Serving Size | Quantity |
|-------------------------|-------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Breyani Rice with Chicken | 400g | 1 |
| Powdered Product | Isotonic Sports Drink Orange | 25g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Dried Fruit | Raisins | 60g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 1 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 4 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 2 |

MRE Various Menus



MRE International - Tactical Lite 8 Hour - Menu 3

| Type | Item | Serving Size | Quantity |
|-------------------------|---------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Vegetarian Pasta and Tomato | 400g | 1 |
| Powdered Product | Isotonic Sports Drink Pineapple | 25g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Dried Fruit | Peaches | 60g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 1 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 4 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 2 |

MRE International - Tactical Lite 8 Hour - Menu 4

| Type | Item | Serving Size | Quantity |
|-------------------------|------------------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Spaghetti Bolognese with Minced Beef | 400g | 1 |
| Powdered Product | Isotonic Sports Drink Mango | 25g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Dried Fruit | Fruit Bar | 33g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 1 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 4 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 2 |

MRE International - Tactical Lite 8 Hour - Menu 5

| Type | Item | Serving Size | Quantity |
|-------------------------|--------------------------------|--------------|----------|
| MRE Meal - Retort Pouch | MRE Veg Casserole with Chicken | 400g | 1 |
| Powdered Product | Isotonic Sports Drink Tropical | 25g | 1 |
| Biscuits | MRE High Fibre Biscuits | 50g | 1 |
| Dried Fruit | Raisins | 60g | 1 |
| Misc | Salt Sachet | 1g | 2 |
| Ration Pack Accessories | Poly Bags | 1's | 1 |
| Ration Pack Accessories | Matches | 1's | 1 |
| Ration Pack Accessories | Hexamine Fuel Tablets | 1's | 4 |
| Ration Pack Accessories | Water Purification Sachets | 1's | 2 |



MRE INTERNATIONAL
A BRAND OF THE SNIPPETS GROUP

EMAIL: MRE@VENSKE.CO.ZA

T: 0861 99 8008

T: + 27 11 420 1565

**10 INDIANA ST, APEX, BENONI,
GAUTENG, SOUTH AFRICA**

WWW.MRE-INTERNATIONAL.COM